

Garstang Running Club

Guy's 10 Mile Road Race 7/12/08

<u>Pos</u>	<u>Time</u>	<u>Name</u>	<u>No</u>	<u>Cat</u>	<u>Club</u>	<u>Pos</u>	<u>Time</u>	<u>Name</u>	<u>No</u>	<u>Cat</u>	<u>Club</u>
1	0:52:24	Simon Mills	445	M	Sale Harriers	51	1:06:10	Paul Smith	19	M	Lancaster & Morecambe
2	0:53:20	Eddie Simpson	442	MV40	Barrow In Furness	52	1:06:13	Martin Bates	414	MV50	Wesham Road Runners
3	0:53:27	Stuart Robinson	18	M	Blackpool Wyre & Fylde	53	1:06:16	Steve Almond	479	MV45	Unattached
4	0:53:32	Luke Reddy	444	M	Liverpool Harriers	54	1:06:26	Mark Levine	430	MV45	Lancaster & Morecambe
5	0:54:17	Andy Buttery	383	M	Rossendale Harriers	55	1:06:37	Fiona Hawkins	323	L	Lancaster & Morecambe
6	0:55:18	Keith Johnston	439	M	Chorley Harriers	56	1:07:02	Kevin Newall	366	M	Horwich R M I
7	0:55:23	Michael Whyatt	308	MV45	Garstang Running Club	57	1:07:10	Mick Edge	375	MV45	Wesham Road Runners
8	0:56:01	Richard Howarth	419	M	Wigan Phoenix	58	1:07:14	Robert Kellett	441	MV40	Royton R R
9	0:57:41	Paul Muller	474	MV50	Horwich R M I	59	1:07:25	Mark Traynor	469	MV40	Unattached
10	0:58:03	Rob Affleck	86	M	Preston Harriers	60	1:07:33	Gary Mitchell	336	MV45	Darwen Dashers
11	0:58:05	Paul Mannion	400	M	Unattached	61	1:07:34	Stephen Mort	397	M	Preston Harriers
12	0:58:10	Mark Chippendale	443	MV40	Lancaster & Morecambe	62	1:07:41	Andrew Duffy	81	MV45	Burnden Road Runners
13	0:58:59	Chris Breakell	428	MV45	Lancaster & Morecambe	63	1:07:42	Chris Whitlock	457	MV40	Wesham Road Runners
14	0:59:25	Barry Brock	22	MV40	City Of Norwich A C	64	1:07:43	Simon Wilson	374	MV50	Lancaster & Morecambe
15	0:59:37	Brian Duncan	3	M	Unattached	65	1:07:44	Tracey Dutton	325	LV35	Wigan Phoenix
16	1:00:07	John Carr	378	MV45	Lancaster & Morecambe	66	1:07:48	George Kennedy	322	MV50	Wesham Road Runners
17	1:00:22	Tony Walker	449	MV45	Clayton Le Moors	67	1:07:50	John Foulds	15	MV45	Astley & Tyldesley R R
18	1:00:28	David Fearnley	402	M	Darwen Dashers	68	1:07:51	Andrew Duffy	4	M	Unattached
19	1:00:46	Peter Hopley	404	MV40	Lostock Ac	69	1:08:14	John Appleton	350	MV55	St Helens & Sutton
20	1:00:50	Neil Mc Donald	421	MV40	Preston Harriers	70	1:08:17	Danny Fegan	318	MV40	St Helens Striders
21	1:00:51	Brian Yates	416	M	Unattached	71	1:08:20	Shaun Turner	480	M	Unattached
22	1:01:08	Alan Hudson	25	MV55	Wesham Road Runners	72	1:08:34	Brian Cumpsty	436	MV40	Unattached
23	1:01:11	David Waddington	306	MV45	Wigan Phoenix	73	1:08:36	Owen McGill	345	M	Darwen Dashers
24	1:01:15	Andy Staveley	87	MV45	Burnden Road Runners	74	1:08:37	Peter Gleaves	359	MV45	Wesham Road Runners
25	1:01:20	Ryan Hasketh	44	M	Clayton Harriers	75	1:08:40	Peter Kearsley	66	MV55	Burnden Road Runners
26	1:01:24	Brian Duffy	53	MV55	Burnden Road Runners	76	1:08:44	Jacqui Jones	307	LV40	Wigan Phoenix
27	1:01:26	Russ Corsini	342	MV50	Darwen Dashers	77	1:08:52	Elaine Maylor	389	L	Unattached
28	1:01:33	Graham Arthur Cunliffe	387	MV50	Wesham Road Runners	78	1:08:59	Peter Murphy	447	MV45	Darwen Dashers
29	1:01:38	Caroline Betmead	335	LV35	Blackpool Wyre & Fylde	79	1:09:13	David Rogers	454	MV45	Unattached
30	1:01:49	Adrian Shorrock	462	M	Blackburn Harriers	80	1:09:20	Geoffrey Haworth	49	MV45	Red Rose R R
31	1:01:53	Kevin Davies	339	MV45	Clayton Le Moors	81	1:09:30	Philip Butler	93	MV45	Red Rose R R
32	1:02:19	Philip Iddon	465	M	Chorley Harriers	82	1:09:39	Nigel Rothery	17	MV40	Unattached
33	1:02:21	Gemma Unsworth	382	L	Blackpool Wyre & Fylde	83	1:09:46	Neil Taylor	464	MV40	Skelmersdale Harriers
34	1:02:25	David Watson	420	MV40	Preston Harriers	84	1:09:59	Philip Leaver	407	MV55	Wesham Road Runners
35	1:03:21	John Bertenshaw	90	MV50	Wesham Road Runners	85	1:10:25	Peter Cruse	412	MV45	Wesham Road Runners
36	1:04:26	Alan Clarkson	84	MV50	Clayton Le Moors	86	1:10:26	Ian Winn	321	MV40	Unattached
37	1:04:34	Amy Green	338	L	Unattached	87	1:10:29	Matthew Haworth	7	M	Nat Pro
38	1:04:39	David Parry	27	MV40	Unattached	88	1:10:35	Dave Earnshaw	68	MV50	Red Rose R R
39	1:04:41	Dave Groombridge	481	MV40	Unattached	89	1:10:39	Andrew Webster	363	M	Lancaster & Morecambe
40	1:04:49	Bev Wright	411	LV45	Blackpool Wyre & Fylde	90	1:10:42	Simon Cooke	377	M	Unattached
41	1:04:59	Peter Broome	358	MV50	Blackpool Wyre & Fylde	91	1:10:49	Andrew Taylor	437	MV50	Clayton Le Moors
42	1:05:07	Paul Christie	55	MV50	Burnden Road Runners	92	1:10:50	Isaline Hughes	51	LV40	Burnden Road Runners
43	1:05:08	Carmel Sullivan	376	LV40	Wesham Road Runners	93	1:10:56	Nick Higham	305	MV40	Unattached
44	1:05:18	Arnold Melling	398	MV60	Lostock	94	1:11:05	Chris Greenall	334	M	Burnden Road Runners
45	1:05:20	Martyn Pollitt	74	MV45	Burnden Road Runners	95	1:11:17	Brian Speake	316	M	Reading Road Runners
46	1:05:22	John Knowles	353	M	Burnden Road Runners	96	1:11:25	Francis Colin Lambert	9	MV50	Preston Harriers
47	1:05:40	Eric Green	403	MV50	Valley Striders	97	1:11:27	Mark Hunt	478	M	Unattached
48	1:05:42	David Parkinson	59	MV40	Unattached	98	1:11:28	Joanne Haslam	361	LV35	Darwen Dashers
49	1:05:51	Andrew Hudson	466	MV45	Southport Waterloo	99	1:11:33	Kevin Smith	446	MV40	Darwen Dashers
50	1:06:09	Chris Hatton	41	M	Unattached	100	1:11:43	Stephen Needham	433	M	Unattached

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101	1:11:49	Claire Haslam	73	L	Unattached	151	1:19:12	Neil Edwards	356	MV45	Lancashire Police
102	1:12:09	Stuart Flint	24	MV40	Unattached	152	1:19:31	Faith Cobaine	427	LV35	Unattached
103	1:12:16	Michael Forshaw	472	M	Unattached	153	1:19:33	Donald Johnson	477	MV55	Baildon
104	1:12:21	Stephen Young	91	M	Preston Harriers	154	1:19:37	Kieron Sutcliffe	467	M	Unattached
105	1:12:47	David Dyson	368	MV50	Blackpool Wyre & Fylde	155	1:19:44	Paul Brown	482	MV40	Lancs Fire
106	1:13:18	Rebecca Butterfield	29	LV45	Lancaster & Morecambe	156	1:19:45	Reg Chapman	35	MV60	Wesham Road Runners
107	1:13:24	John Langhan	388	MV40	Preston Harriers	157	1:19:55	Angela Dixon	452	L	Skelmersdale Harriers
108	1:14:04	David Smith	31	MV55	Accrington R R	158	1:20:06	Peter Kyle	324	MV50	Unattached
109	1:14:07	Andrew Divall	6	MV40	Wesham Road Runners	159	1:20:09	Helen Goldthorpe	337	L	Kirkstall Harriers
110	1:14:08	Paul Wright	313	M	Unattached	160	1:20:43	Dave Duffy	12	M	Unattached
111	1:14:10	Joanna Robbins	60	LV35	Sale Harriers	161	1:21:01	Trevor Willoughby	415	MV55	Lytham
112	1:14:15	Don Nichol	77	MV50	Burnden Road Runners	162	1:21:02	Denise Johnson	476	LV45	Baildon
113	1:14:17	Steven Livesey	379	M	F R A	163	1:21:08	Alan Graham	315	MV50	Unattached
114	1:14:19	Andy Letheren	435	MV40	Trail Running Assoc	164	1:21:12	Paul Carter	372	M	Wesham Road Runners
115	1:14:40	Chris Moss	326	MV40	Wesham Road Runners	165	1:21:27	Deborah Cardwell	451	LV40	Blackpool Wyre & Fylde
116	1:14:46	Alan Taylor	83	MV55	Unattached	166	1:21:40	John Malone	424	MV50	Winston Runners
117	1:14:53	Linda Clarkson	406	LV40	Darwen Dashers	167	1:21:52	Pam Appleton	351	LV55	St Helens & Sutton
118	1:14:54	Shirley Staveley	88	LV40	Burnden Road Runners	168	1:21:53	Barry Stuart- Cole	349	MV60	Winston Runners
119	1:15:06	Ted Orrell	369	MV65	Clayton Le Moors	169	1:22:08	Paul Edgar	385	M	Unattached
120	1:15:12	John Pendlebury	471	MV45	Unattached	170	1:22:16	Michael Durston	394	MV60	New Marske Harriers
121	1:15:22	Vicki Harvey	468	LV40	Southport Waterloo	171	1:22:25	George Flanagan	360	MV55	Wesham Road Runners
122	1:15:23	Malcolm Vinnicombe	396	MV60	Garstang Running Club	172	1:22:27	Carol Handley	458	LV45	Unattached
123	1:15:30	Mark Salthouse	475	M	Unattached	173	1:22:36	Peter Costello	413	MV50	Clayton Le Moors
124	1:15:50	Ian Hamilton	459	MV55	Astley & Tyldesley R R	174	1:22:56	Louise Williams	319	LV40	Wesham Road Runners
125	1:16:01	Keith Mawdsley	70	M	Unattached	175	1:23:06	John Marshall	381	MV50	Ilkley Harriers
126	1:16:12	Peter Cooke	438	MV45	Wesham Road Runners	176	1:23:07	Michael Hall	16	MV45	Unattached
127	1:16:13	Janine Fallon	367	L	Darwen Dashers	177	1:23:18	Susan Richmond	100	LV40	Garstang Running Club
128	1:16:19	Chris Kilner	20	M	Unattached	178	1:23:31	Gerry Fairhurst	36	MV50	Unattached
129	1:16:22	Tom Jordan	409	M	Carrefour Riversway	179	1:23:44	Peter Grime	63	MV40	Unattached
130	1:16:30	Jayne Perry	333	L	Lancaster & Morecambe	180	1:24:09	Adam Matthews	484	M	Unattached
131	1:16:40	Andrew Shanley	440	MV40	Lancaster & Morecambe	181	1:24:23	John Howarth	432	MV55	Wesham Road Runners
132	1:16:42	David Butterfield	89	MV65	Lancaster & Morecambe	182	1:24:28	Claire Smith	453	LV40	Red Rose R R
133	1:16:49	Bernard Brown	43	MV40	Unattached	183	1:24:33	Jonathan Thomas	340	MV45	Unattached
134	1:16:52	Marc Potter	410	M	Carrefour Riversway	184	1:24:38	David Pritchard	98	MV40	Astley & Tyldesley R R
135	1:17:00	Anne Ferguson	54	LV50	Burnden Road Runners	185	1:24:42	Sarah Roberts	450	LV40	Darwen Dashers
136	1:17:05	Ruth Calderbank	28	LV55	Blackpool Wyre & Fylde	186	1:24:47	John Egan	330	MV55	Burnden Road Runners
137	1:17:10	Gary Wilson	470	M	Settle Harriers	187	1:24:49	Chris Lawson	312	M	Unattached
138	1:17:12	Tim Padfield	34	MV40	Unattached	188	1:24:50	John Edwards	423	MV60	Winston Runners
139	1:17:30	Peter Clarkson	456	MV40	L O L T	189	1:24:52	Dave Hogg	76	M	Unattached
140	1:17:43	Lee Bennett	317	M	Chorley Harriers	190	1:25:16	Dean Wilson	455	M	Unattached
141	1:17:45	Michael Kennedy	395	MV45	Unattached	191	1:25:18	Claire Plunkett	355	L	Halifax Harriers
142	1:17:48	Stephen Wilkinson	352	MV55	Wesham Road Runners	192	1:25:25	Chris Newton	448	M	Accrington R R
143	1:17:52	Allan Kay	426	MV60	100 Marathon Club	193	1:25:46	Emma Fletcher	473	L	Unattached
144	1:18:00	Kathryn Page	373	LV40	Burnden Road Runners	194	1:26:07	Tim Bateman	40	M	Unattached
145	1:18:03	Peter R Gibson	50	MV55	Blackpool Wyre & Fylde	195	1:26:30	Keith Robson	399	MV65	Manchester Tri
146	1:18:13	Paul Lumby	365	MV40	Unattached	196	1:27:37	Kevin Maguire	425	MV60	Winston Runners
147	1:18:17	Phil Cray	67	MV45	Unattached	197	1:27:42	Ben Ai Aberra	483	M	Unattached
148	1:18:33	David Aspin	85	MV60	Red Rose R R	198	1:27:49	John Bradley	347	MV65	Blackpool Wyre & Fylde
149	1:18:52	Joe Edmundson	5	MV60	Trawden Athletic Club	199	1:27:53	Denise Hughes	461	LV45	Garstang Running Club
150	1:19:06	Graeme Leathard	327	MV50	Road Runners Club	200	1:28:01	Rajesh Jinabhai	301	M	Shop Direct R C

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201	1:28:25	Abigail Sumner	42	LV35	Unattached						
202	1:28:27	Cheryl Mayson	52	LV40	Unattached						
203	1:28:31	Paul Moss	79	MV50	Unattached						
204	1:29:17	Carl Wynne	401	MV50	Preston Harriers						
205	1:30:35	Malcolm Towler	422	MV65	Northern Vets						
206	1:30:40	Allan Howard	343	MV50	Red Rose R R						
207	1:31:13	Howard Henshaw	344	MV65	Blackpool Wyre & Fylde						
208	1:31:15	Gary Cross	357	MV40	Unattached						
209	1:31:16	Ros Dyde	417	LV50	Winston Runners						
210	1:31:29	Julie Crawley	348	LV35	Winston Runners						
211	1:31:53	Stephen Higham	463	MV40	Unattached						
212	1:32:04	Chris Cash	331	MV50	Darwen Dashers						
213	1:32:16	Liona Riding	314	LV40	Blackburn Road						
214	1:32:16	Deborah Rudland	405	LV40	Blackburn Road						
215	1:33:20	Dinesh Patel	8	MV45	Unattached						
216	1:33:34	John Whiteman	38	MV65	Wesham Road Runners						
217	1:33:56	Janet Thomas	341	LV45	Unattached						
218	1:35:02	Anne Dareys	380	LV35	Lancaster & Morecambe						
219	1:37:11	Jo Duffy	32	LV35	Red Rose R R						
220	1:37:13	Peter Gibson	431	MV60	Red Rose R R						
221	1:37:34	Emma Slaman	39	L	Unattached						
222	1:38:48	Lynne Slaman	332	LV50	Unattached						
223	1:40:06	Louise Bentley	14	LV40	Unattached						
224	1:41:32	Caroline Fitzgerald	460	L	Unattached						
225	1:42:09	Les Robinson	418	MV50	Winston Runners						
226	1:42:54	Kerry Humphries	62	LV40	Unattached						
227	1:42:57	Jennie Cox	408	L	Riversway Carrefour						
228	1:43:09	Debbie McClelland	13	LV35	Unattached						
229	1:45:37	Lindsey Clark	99	LV35	Unattached						
230	1:46:24	Hazel Corless	71	LV35	Unattached						
231	1:48:10	Sarah Clemson	97	LV40	Unattached						
232	1:48:11	David Clemson	302	MV40	Unattached						
233	1:49:46	Eileen Mitchell	95	LV50	Unattached						
234	1:49:46	Debbie Milligan	329	LV45	Unattached						
235	1:50:59	Richard Gaskell	304	M	Unattached						
236	1:50:59	Julie Lancaster	303	L	Unattached						
237	1:52:56	Sue Hornby	72	LV40	Unattached						
238	1:53:09	Bev O' Brien	30	LV40	Garstang Running Club						
239	1:54:05	Daniel O' Hara	429	M	Unattached						
240	1:54:06	Pam Needham	434	LV55	Unattached						
241	2:01:05	John Joseph Crahan	75	MV55	Blackburn Harriers						
242	2:06:10	Christopher Senior	56	MV55	Blackpool Wyre & Fylde						