

Garstang Running Club

Guy's 10 Mile Road Race 2003

<u>Pos</u>	<u>Time</u>	<u>Name</u>	<u>No</u>	<u>Cat</u>	<u>Club</u>
1	0:50:55	Paul Freary	589	M	Belgrave H & A C
2	0:51:58	Eddie Simpson	670	M	Preston Harriers
3	0:52:21	Michael Aspinall	557	M	Lancaster Morecambe A C
4	0:52:57	Steve Littler	645	M	Wesham R R
5	0:53:07	Christopher Loftus	596	M	Keighley & Craven
6	0:53:12	Steve Murdoch	552	MV40	Border Harriers
7	0:53:33	Keith Johnston	627	M	Chorley Harriers
8	0:54:57	Paul Muller	690	MV45	Horwich R M I
9	0:55:53	Roger Brewster	672	MV45	Clayton Le Moors
10	0:56:21	Michael Hunt	578	M	Pendle A C
11	0:56:24	David Parkington	418	MV40	Preston Harriers
12	0:56:28	Paul Guinan	456	M	Blackburn Harriers
13	0:56:29	John Winder	555	M	Preston Harriers
14	0:57:23	Kenneth Moss	563	MV50	Northern Vets
15	0:57:31	Peter Butterworth	567	MV45	Clayton Le Moors
16	0:57:36	Ian Selby	420	M	Bolton United Harriers
17	0:57:51	Jason Parker	629	M	Preston Harriers
18	0:58:08	Andrew Taylor	554	MV45	Clayton Le Moors
19	0:58:11	Graham Cunliffe	560	MV45	Clayton Le Moors
20	0:58:20	Gary Wilson	609	M	Preston Harriers
21	0:58:27	Brian Hall	605	MV40	Blackpool & Fylde A C
22	0:58:33	Alan Metcalfe	623	MV40	Preston Harriers
23	0:58:45	Charles Linkison	622	M	Wesham R R
24	0:58:59	John Carr	397	MV40	Lancaster Morecambe A C
25	0:59:23	Lee Barlow	650	M	Red Rose R R
26	0:59:29	Peter Cruse	647	MV40	Wesham R R
27	0:59:36	John Knapp	407	MV40	Unattached
28	0:59:40	David Shaw	590	M	Bolton United Harriers
29	0:59:41	Billy Martin	561	M	Bolton United Harriers
30	0:59:45	Richard Butterfield	498	MV45	Horsforth Harriers
31	0:59:50	Michael Entwistle	653	MV55	Astley & Tyldesley R R
32	0:59:54	Tony Davies	604	MV45	Rosendale
33	0:59:56	David Lord	496	MV40	Clayton Le Moors
34	0:59:59	Brent Hoggan	501	M	Accrington R R
35	1:00:02	John Wiczorek	695	M	Accrington R R
36	1:00:06	Christopher Nightingale	467	M	Wigan Phoenix
37	1:00:15	Mark Traynor	566	M	Unattached
38	1:00:16	Paul Dunkerley	505	M	Wesham R R
39	1:00:27	Neil Mc Donald	613	M	Preston Harriers
40	1:01:13	Richard Roberts	472	MV40	Unattached

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41	1:01:15	Rory Mc Mahon	700	M	Lancaster Morecambe A C
42	1:01:27	Christopher Domoney	535	MV50	Colne Asc & Tri
43	1:01:41	Andrew Gilbert	676	MV40	Red Rose R R
44	1:02:14	George Kennedy	641	MV45	Wesham R R
45	1:02:19	John Bertenshaw	492	MV45	Wesham R R
46	1:02:21	Jason Warburton	533	M	Chorley Harriers
47	1:02:28	Ben Steiner	514	MV40	Unattached
48	1:02:31	Steve Broadfoot	541	MV40	Liverpool Running Club
49	1:02:50	Graham Stewart	610	M	Unattached
50	1:02:56	Mitch Midgeley- Davis	421	M	Unattached
51	1:03:00	Tony Codling	400	MV40	North Fylde
52	1:03:09	Tony Jackson	415	MV45	Newburgh Nomads
53	1:03:11	Stephen Green	631	MV45	Clayton Le Moors
54	1:03:13	Bill Jambor	687	MV40	Unattached
55	1:03:18	Alex Turnbull	658	MV55	Wigan Phoenix
56	1:03:41	Alan Appleby	518	MV55	Preston Harriers
57	1:03:48	Eric Foggarty	525	MV60	St Helens Striders
58	1:03:50	Shane Cliffe	553	M	Red Rose R R
59	1:03:52	Phil Lee	660	M	Kendal A C
60	1:03:55	Richard Walsh	431	M	Chiltern Harriers
61	1:03:59	Martin Bland	673	MV40	Accrington R R
62	1:04:05	John Jones	680	MV40	Kendal A C
63	1:04:16	Mark Hobin	511	M	Blackburn R R
64	1:04:24	John Armstrong	681	MV50	Unattached
65	1:04:55	Phillip Studt	453	M	Unattached
66	1:05:15	Joan Jackson	486	LV45	Northern Vets
67	1:05:20	Craig Greenough	684	M	Garstang R C
68	1:05:24	Michael Leck	677	MV50	Lancaster Morecambe A C
69	1:05:27	Stephen Ball	564	M	Unattached
70	1:05:52	Terence Robinson	531	MV55	Accrington R R
71	1:06:28	John Holland	591	MV45	Unattached
72	1:06:44	Ted Orrell	538	MV60	Clayton Le Moors
73	1:06:46	David Potter	646	M	Astley & Tyldesley R R
74	1:06:48	Richard Jones	562	M	Garstang R C
75	1:06:49	Tim Warner	583	MV45	Unattached
76	1:07:00	Graham Bailey	572	MV50	Preston Harriers
77	1:07:05	Andrea Smith	584	LV35	North Fylde
78	1:07:07	Dave Neilands	550	MV50	Garstang R C
79	1:07:15	David Dowd	701	MV55	Bolton United Harriers
80	1:07:21	Ian Dodds	624	MV40	Southport Waterloo

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81	1:07:23	Ian Close	527	MV45	North Fylde
82	1:07:25	Brian Cumpsty	678	M	Unattached
83	1:07:30	Bill Atkinson	577	MV60	Northern Vets
84	1:07:41	David Moffett	659	MV40	Kendal A C
85	1:07:46	David Smith	471	MV50	Unattached
86	1:07:49	Jill Robinson	626	LV45	Garstang R C
87	1:07:51	Philip Butler	529	MV40	Red Rose R R
88	1:08:11	Brian Speake	648	M	Reading Road Runners
89	1:08:16	David Scott- Miller	528	MV50	Colne Asc & Tri
90	1:08:18	Karl Lee	396	M	Wesham R R
91	1:08:26	Mark Saynor	545	M	Red Rose R R
92	1:08:30	Stephen Whittle	419	MV50	Red Herring R R
93	1:08:35	Stephen White	481	MV45	Lancaster Morecambe A C
94	1:08:38	Michael Hatton	450	M	Unattached
95	1:08:43	Brian Middleton	601	MV50	St Helens Striders
96	1:08:44	Keith Mills	454	MV45	Unattached
97	1:08:45	Malcolm Vinnicombe	616	MV55	Lancaster Morecambe A C
98	1:08:46	David Aspin	568	MV55	Red Rose R R
99	1:09:01	Leslie Abbott	588	MV40	St Helens Striders
100	1:09:05	Chrissie O Connor	597	LV40	North Fylde
101	1:09:06	Brian Mc Mann	603	MV40	Unattached
102	1:10:12	Robert Armstrong	694	M	Unattached
103	1:10:22	David Wood	469	MV55	North Fylde
104	1:10:34	Alan Taylor	628	M	Wesham R R
105	1:10:43	Helen Vinnicombe	615	L	Unattached
106	1:10:47	Roy Stevens	612	MV50	Lytham
107	1:10:51	Paul Hogan	611	MV50	Clayton Harriers
108	1:11:19	Andrew Nightingale	468	M	Wigan Phoenix
109	1:11:25	Graham Schofield	675	MV50	Chorley Harriers
110	1:11:29	Julie Hartley	466	L	Accrington R R
111	1:11:53	Michael Crowe	607	MV45	Lytham
112	1:11:56	Peter Cooke	581	MV40	Wesham R R
113	1:11:57	Mark Cartwright	493	MV45	Unattached
114	1:11:58	Maurice Hopkinson	546	MV60	Northern Vets
115	1:12:02	David Wilkinson	434	MV40	Lancaster Morecambe A C
116	1:12:09	Finlay Mc Calman	573	M	Wesham R R
117	1:12:15	Geoff Lund	674	MV55	Garstang R C
118	1:12:16	Howard Barlow	479	MV45	Blackpool & Fylde A C
119	1:12:26	Barry Edwards	398	MV40	Wesham R R
120	1:12:27	Michael Cairney	667	M	Unattached

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121	1:12:36	Kevin Smith	559	MV55	Red Rose R R
122	1:12:50	Phil O Rourke	447	MV40	Unattached
123	1:12:51	Colin Monk	655	MV50	Chorley Harriers
124	1:12:52	Paul Gardner	402	MV40	Wesham R R
125	1:12:55	Alison Titterington	594	LV45	North Fylde
126	1:13:19	David Mallaby	644	MV45	Accrington R R
127	1:13:22	Nicola Wood	463	L	Accrington R R
128	1:13:24	Graham Morris	449	M	Unattached
129	1:13:27	Andrew Bennett	582	MV50	Ackworth R R
130	1:13:38	John Howarth	619	MV50	Wesham R R
131	1:13:46	Alan Graham	598	MV45	Unattached
132	1:13:48	Barbara Hickson	663	LV40	Garstang R C
133	1:13:50	Karen Bain	509	LV40	Red Rose R R
134	1:13:52	Michael Chimejczuk	579	MV50	Blackburn R R
135	1:13:53	Ernie Pryce	478	MV60	Northern Vets
136	1:14:03	Steve Reeves	495	M	Unattached
137	1:14:05	Louise Williams	497	LV35	North Fylde
138	1:14:31	David Preston	473	MV45	Lancs Fire
139	1:15:02	Louise Riley	536	LV35	Lancaster Morecambe A C
140	1:15:05	Ian Robinson	625	MV60	Garstang R C
141	1:15:12	Paul Rawcliffe	661	MV50	Unattached
142	1:15:16	Alan Dobson	640	MV50	Preston Harriers
143	1:15:19	Carole Morris	448	LV35	Accrington R R
144	1:15:21	Simon Wilson	691	MV45	Unattached
145	1:15:25	Deryck Hutchinson	602	MV45	Keswick
146	1:15:26	John Mc Crone	534	M	Unattached
147	1:15:32	Julie Cruse	649	LV40	North Fylde
148	1:15:38	Mary Doyle	428	LV50	Liverpool Running Club
149	1:15:46	Chris Capstick	683	M	Unattached
150	1:15:48	Roy Walker	621	MV45	North Fylde
151	1:15:50	Reg Chapman	639	MV55	Wesham R R
152	1:15:51	Shaun Mc Cracken	686	M	Unattached
153	1:15:57	Fiona Whitehead	558	L	Unattached
154	1:16:03	James Potts	606	MV55	Border Harriers
155	1:16:05	Tony Wood	542	MV40	Unattached
156	1:16:06	Mike Herd	586	M	Unattached
157	1:16:14	Kim Lowes	465	LV40	Accrington R R
158	1:16:15	Paul Jackson	643	MV50	Accrington R R
159	1:16:24	Martin Hendrickson	544	M	Unattached
160	1:16:30	Anthony Blight	592	M	North Fylde

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161	1:16:34	David Watkinson	664	MV50	Lancashire Police
162	1:16:38	Howard Henshaw	682	MV60	Blackpool & Fylde A C
163	1:16:43	Bill Lyon	411	MV55	Lancaster Morecambe A C
164	1:16:49	Kieron Hillen	543	MV40	Unattached
165	1:16:53	Glenda Dobie	574	LV40	Red Rose R R
166	1:16:57	Graham Morris	477	MV40	Unattached
167	1:16:58	Gale Evans	409	LV35	Red Rose R R
168	1:17:00	Jayne Perry	519	L	Lancaster Morecambe A C
169	1:17:03	Neil Edwards	540	MV40	Lancashire Police
170	1:17:05	Gareth Leeves	412	MV45	Unattached
171	1:17:11	Michelle Holden	470	LV35	Blackburn R R
172	1:17:12	Frank Miller	599	MV55	Garstang R C
173	1:17:28	Allan Fitchett	576	MV60	Red Rose R R
174	1:17:38	Ruth Calderbank	446	LV50	North Fylde
175	1:17:40	Dianna Capstick	441	LV40	Lancaster Morecambe A C
176	1:17:41	Tony Robbins	580	MV60	Wesham R R
177	1:17:48	Trevor Worsley	654	MV40	Unattached
178	1:17:49	Valerie O' Donnell	408	LV35	Unattached
179	1:17:50	Ray Moulding	510	MV60	Blackburn R R
180	1:17:54	Derek Rose	600	MV55	Red Rose R R
181	1:18:05	Sarah Clarke	462	LV40	Blackburn R R
182	1:18:07	Alison Hargreaves	651	LV35	Accrington R R
183	1:18:09	Michael Hall	401	MV40	Unattached
184	1:18:12	Eileen Newman	491	LV50	Blackburn R R
185	1:18:13	Denise Griffiths	461	LV40	Garstang R C
186	1:18:15	Kath Winrow	403	LV40	Lancaster Morecambe A C
187	1:18:17	Shirley Ashton	515	LV35	Burden R R
188	1:18:19	Joe Edmondson	499	MV55	Unattached
189	1:18:20	Andy Staveley	516	MV40	Burden R R
190	1:18:21	Mark Threlfall	662	MV40	Unattached
191	1:18:41	Paul Carter	618	M	Wesham R R
192	1:18:54	Thomas Battrick	438	MV45	Accrington R R
193	1:19:35	Mike Kayley	636	MV40	Unattached
194	1:19:47	Jonathon Thomas	406	MV40	Unattached
195	1:19:52	Jon Tibke	614	MV40	Lancaster Morecambe A C
196	1:20:07	Jack Leach	399	MV45	Unattached
197	1:20:09	Simon Halliday	480	M	Unattached
198	1:20:10	Graham Vickers	617	MV45	Wesham R R
199	1:20:11	Mark Stubbs	548	MV45	Unattached
200	1:20:21	Derek Gustard	507	MV40	Unattached

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201	1:20:23	Simon Gostling	569	M	Blackburn R R
202	1:20:47	Jill Hayes	464	LV35	Accrington R R
203	1:20:57	Peter Gibson	506	MV55	Red Rose R R
204	1:21:08	Mike Leeming	571	MV50	Accrington R R
205	1:21:24	Kathy Flann	595	L	Lancaster Morecambe A C
206	1:21:29	Peter Garratty	565	MV40	Unattached
207	1:21:31	Joanne Hosker	520	L	Accrington R R
208	1:21:44	Stephen Mason	652	MV40	Chorley Harriers
209	1:22:36	Christina Mc Guire	657	LV40	Lancaster Morecambe A C
210	1:23:04	Anne Croft	500	LV35	Unattached
211	1:23:11	Mike Pugh	439	MV45	Red Rose R R
212	1:23:32	Carole Wilkinson	433	LV40	Lancaster Morecambe A C
213	1:23:33	Mark Dickinson	671	M	Unattached
214	1:23:34	Michael Hutchinson	656	MV60	Lytham
215	1:23:52	Maureen Mc Laughlin	575	LV45	Red Rose R R
216	1:24:02	Bob Clare	423	MV50	Unattached
217	1:24:03	Evelyn Elkington	443	LV55	Lancaster Morecambe A C
218	1:24:35	Brian Gergory	487	M	Unattached
219	1:24:36	Tracey Elkington	445	LV35	Lancaster Morecambe A C
220	1:25:41	Mike Mc Kortel	665	MV50	Lancashire Police
221	1:25:49	Howard Parkinson	696	MV40	Unattached
222	1:26:08	Susan Wolstenholme	630	L	Blackburn R R
223	1:26:13	Mark Rossall	490	M	Unattached
224	1:26:14	James Rossall	489	MV40	Unattached
225	1:26:16	Madeline Hawarth	632	LV50	Blackburn R R
226	1:26:16	Sheila Marshall	532	LV40	Blackburn R R
227	1:26:25	Mike Hall	549	MV60	Garstang R C
228	1:26:26	Sharon Giles	444	LV40	Lancaster Morecambe A C
229	1:26:27	Bernard Elkington	442	MV60	Lancaster Morecambe A C
230	1:26:27	Caron Fenwick	517	LV45	Burnley A C
231	1:26:32	Susanne Kenyon	521	L	Unattached
232	1:26:36	Karen Jackson	642	LV45	Accrington R R
233	1:26:36	Sue Clives	435	LV55	Unattached
234	1:26:37	James Margerison	679	M	Unattached
235	1:26:45	Felicity Cross	685	LV45	Preston Harriers
236	1:27:02	Malcolm Towler	608	MV60	Unattached
237	1:27:38	Des Holden	513	MV45	Accrington R R
238	1:27:45	Linda Aspden	634	LV40	West Pennine Runners
239	1:27:56	Alec Ratcliffe	556	MV60	Keighley & Craven
240	1:28:02	David Heppenstall	523	MV60	Accrington R R

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241	1:28:24	Janet Holden	512	LV45	Accrington R R
242	1:29:02	Eric Green	620	MV55	Unattached
243	1:29:04	Nigel Jackson	539	MV45	Unattached
244	1:29:15	Josephine Owen	635	LV40	Blackburn R R
245	1:29:44	Pat Wright	416	LV55	Unattached
246	1:30:04	Helen Mitchell	633	LV50	Garstang R C
247	1:31:04	Caroline Walkden	668	L	Unattached
248	1:31:48	Greg Parkinson	459	M	Unattached
249	1:31:50	Sarah Cooper	666	LV35	Unattached
250	1:31:59	Karen Marie Clark	476	L	Accrington R R
251	1:32:02	Colin Battrick	570	MV40	Accrington R R
252	1:32:03	Rachel Cusack	669	L	Unattached
253	1:32:09	Sylvia Gittins	451	LV55	Unattached
254	1:32:56	Roy Lowe	455	MV50	Red Rose R R
255	1:33:45	Adrian Batson	587	MV60	Blackburn R R
256	1:33:52	Jacqueline Crabtree	425	LV45	Unattached
257	1:33:53	Leroy Taylor	426	MV40	Unattached
258	1:33:55	Brenda Dawber	424	LV45	Unattached
259	1:34:58	Lisa Harrington	698	L	Unattached
260	1:34:59	Cathryn Deacon	699	L	Unattached
261	1:35:25	Eileen Peat	526	LV55	Blackburn R R
262	1:35:26	Sarah Green	430	L	Garstang R C
263	1:36:40	Janet Thomas	405	LV40	Red Rose R R
264	1:37:03	Peter Waddington	452	M	Burnley A C
265	1:37:04	Pamela Highton	494	LV45	Burnley A C
266	1:37:49	Bill Mansley	547	MV60	Spectrum Striders
267	1:38:24	Jane Greenwood	688	LV35	Unattached
268	1:39:49	Joanne White	689	L	Unattached
269	1:40:11	Andrew Smith	637	MV45	Hyndburn A C
270	1:40:12	Barbara Smith	638	LV40	Hyndburn A C
271	1:43:12	Bill Hewitt	697	MV55	Garstang R C
272	1:43:44	Jo Hall	693	L	Unattached
273	1:43:44	Anthony Knowles	692	M	Unattached
274	1:46:27	Sarah Tracey	460	LV35	Unattached
275	1:51:45	Marie Jackson	585	L	Blackburn R R