

## Garstang Gallop 10k Sunday 22 April 2007. 11:00 am

Place	Time	Name	Team	Cat
1	0:33:02	HAYMAN, Rick	Sale Harriers	SM
2	0:34:27	PASS, Charlie	Wesham Road Runners	SM
3	0:34:55	HARTLEY, Andrew	Clayton Harriers	MV40
4	0:35:27	MCMAHON, Rory	Lancaster and Morecambe	SM
5	0:36:27	MULLER, Paul	Horwich RMI Harriers	MV50
6	0:37:00	THOMAS, Keith	Lostock AC	MV45
7	0:37:05	ARCHER, Paul	Clayton-le-Moors	MV40
8	0:37:10	NORMAN, Barry	Wesham Road Runners	SM
9	0:37:49	PARKER, Dave	Barrow in Furness Striders AC	MV40
10	0:38:25	PENDLEBURY, Gary	Wesham Road Runners	MV50
11	0:39:11	CRUSE, Peter	Wesham Road Runners	MV40
12	0:39:30	NICHOLLS, George	Prestatyn RC	SM
13	0:39:50	GREEN, Michael	Lostock AC	MV40
14	0:39:58	BAILEY, Simon	Accrington Road Runners	MV45
15	0:40:26	SANDERSON, Paul	Tri Preston	SM
16	0:40:46	BERTENSHAW, John	Wesham Road Runners	MV50
17	0:40:59	IDDON, Philip	Chorley Harriers	SM
18	0:41:07	WEBSTER, Graham	Lytham St. Annes Road Runners	MV55
19	0:41:35	JUMEAU, Philippe		MV45
20	0:41:50	WRIGHT, Jeff	Blackpool Wyre & Fylde AC	MV45
21	0:41:56	JENKINSON, Steven	Lancs Constabulary	SM
22	0:41:57	HATTON, Keith	Liverpool Harriers	MV45
23	0:42:06	LAKE, John	North Derbyshire RC	MV55
24	0:42:11	TAYLOR, Neil	Skem Harriers	MV40
25	0:42:29	HARRY, Steve	Red Rose Road Runners	SM
26	0:42:32	WIECZOREK, John	Accrington Road Runners	MV40
27	0:42:41	TIERNEY, David		SM
28	0:42:45	DAVEY, Mark	Dallam Dashers	MV40
29	0:42:49	HARTLEY, Al	Garstang Running Club	MV40
30	0:42:52	EARNSHAW, Dave	Red Rose Road Runners	MV50
31	0:43:13	IVES, Derek	Skipton AC	MV50
32	0:43:19	FEGAN, Danny	St Helens Striders	MV40
33	0:43:34	WILLOUGHBY, Brandon	Blackpool Wyre & Fylde AC	MV45
34	0:43:39	VICKERS, Graham	Wesham Road Runners	MV45
35	0:43:41	ROBSON, Dave	Blackpool Wyre & Fylde AC	MV40
36	0:43:43	HESLOP, Dave	Garstang Running Club	MV45
37	0:43:48	WRIGHT, Beverley	Blackpool Wyre & Fylde AC	FV45
38	0:43:52	EAGLES, Colin		SM
39	0:44:21	TAYLOR, Alan	Wesham Road Runners	SM
40	0:44:31	PICKAVANCE, Stephen	St Helens Striders	MV45
41	0:44:36	DAWKINS, Helen	Helsby Running Club	FV35
42	0:44:41	CRUSE, Julie	Wesham Road Runners	FV45
43	0:44:55	CARTER, Philip	crook	MV50
44	0:44:59	HEALEY, Alan	Bury AC	MV60
45	0:45:02	JENKINSON, Rachel		SF
46	0:45:06	SCHOLLES, Caroline	Lostock AC	SF
47	0:45:13	SPEAKE, Brian	Reading Road Runners	SM
48	0:45:14	STELL, Andrew		SM
49	0:45:17	SCHOFIELD, Dave	Rochdale Harriers	MV60
50	0:45:23	ABBOTT, Leslie	St Helens Striders	MV45
51	0:45:47	CUMMINS, David		SM
52	0:45:55	POCOCK, Tim	Harrogate Harriers	MV45

53	0:46:03	CUMMINS, Michael		MV40
54	0:46:36	HAWORTH, Geoffrey	Red Rose Road Runners	MV45
55	0:46:56	HUNTER, Greg	Garstang Running Club	SM
56	0:47:08	MCDERMOTT, Rob		MV45
57	0:47:19	LAKELAND, Phil	Preston Harriers	MV50
58	0:47:24	ECCLESTON, Julia	St Helens Sutton	SF
59	0:47:35	BRADSHAW, Jackie	Halesowen C&AAC	FV35
60	0:47:38	JAMES, Phill		SM
61	0:47:39	COX, Matthew		MV45
62	0:47:50	WALLWORTH, Anne	Red Rose Road Runners	FV50
63	0:47:53	NORGATE, Sarah	Horwich RMI Harriers	FV35
64	0:47:54	HIGHAM, Nick		SM
65	0:47:57	WHITTLE, Stephen	Red Herring Road Runners	MV50
66	0:47:59	CUTLER, Mike	South Cheshire Harriers	MV45
67	0:48:08	WALLWORTH, David	Red Rose Road Runners	MV50
68	0:48:14	COEY, Steve	Red Rose Road Runners	MV50
69	0:48:19	HOYER, Kathleen	Wesham Road Runners	FV45
70	0:48:22	ASHWORTH, Tanya	Blackpool Wyre & Fylde AC	FV35
71	0:48:24	TIPLER, Clare		SF
72	0:48:37	LAWSON, Jonathan	Wesham Road Runners	SM
73	0:48:40	HOWORTH, John	Wesham Road Runners	MV50
74	0:48:54	PARKINSON, Eden		SM
75	0:48:55	DOYLE, Mary	Liverpool Running Club	FV50
76	0:48:56	ASPIN, David	Red Rose Road Runners	MV60
77	0:48:58	SHEPHERD, Nigel	Wesham Road Runners	MV45
78	0:49:09	MOSS, Christopher	Wesham Road Runners	MV40
79	0:49:16	MORRIS, Stephen		SM
80	0:49:44	PUGH, Mike	Red Rose Road Runners	MV45
81	0:49:55	PIRIE, David		SM
82	0:50:01	DYSON, John	Tunbridge Wells Harriers	MV60
83	0:50:05	HARRIS, Laura	Lytham St. Annes Road Runners	SF
84	0:50:18	PETERS, Ken	Lytham St. Annes Road Runners	MV60
85	0:50:21	RICHMOND, Susan		FV40
86	0:50:22	WOODS, Alan		SM
87	0:50:29	TAYLOR, Alan		MV50
88	0:50:35	MAUGHAN, Richard		SM
89	0:50:52	DOUGLASS, Carolyn	Red Rose Road Runners	FV60
90	0:50:53	SMITH, Stuart		SM
91	0:51:02	BROWN, Doug	Wesham Road Runners	MV65
92	0:51:05	BATEMAN, Norman	Wesham Road Runners	MV65
93	0:51:09	MURRAY, Mike		SM
94	0:51:14	LAKE, Janet	North Derbyshire RC	FV50
95	0:51:23	O'BRIEN, Kevin	Clayton-le-Moors	MV60
96	0:51:53	PICKAVANCE, Clare	St Helens Striders	SF
97	0:51:57	HOYLE, Scott		MV40
98	0:52:04	KOTH, Melanie	Red Rose Road Runners	SF
99	0:52:13	NOBLE, David	Baildon Runners	MV55
100	0:52:19	O'DOHERTY, Janet	Lytham St. Annes Road Runners	FV45
101	0:52:23	ALLISON, Graham	Rochdale Harriers	MV55
102	0:52:30	RILEY, Jason		SM
103	0:52:31	RICHARDSON, Malcolm	Preston Harriers	MV55
104	0:52:34	MANN, Stuart		SM
105	0:52:37	MURPHY, Pam	Garstang Running Club	FV40
106	0:53:02	HENSHAW, Howard	Blackpool Wyre & Fylde AC	MV65

107	0:53:09	WILSON, Mike		MV40
108	0:53:25	KING, Howard		MV55
109	0:53:31	IVES, Hazel		FV45
110	0:53:31	BURTON, Susan		FV40
111	0:53:54	MARTIN, Phil	Portsmouth Joggers	MV65
112	0:53:59	DIXON, Philip		MV40
113	0:54:05	SCHOFIELD, Ruth	Wolverhampton& Bilston AC	SF
114	0:54:37	STELL, Paula		SF
115	0:54:41	SCULLY, Stephen	David Lloyd	MV40
116	0:54:45	HALL, Mike	Garstang Running Club	MV65
117	0:55:02	MUNRO, Kenneth	Wesham Road Runners	MV65
118	0:55:12	BURTON, Andrew		MV40
119	0:55:17	BAMFORD, Paul		MV45
120	0:55:19	MCNIECE, Heidi		SF
121	0:55:32	WELLER, Pauline	Wesham Road Runners	FV45
122	0:55:34	ROBERTS, Matthew		SM
123	0:55:42	VARLEY, Christopher		MV40
124	0:55:50	LATHAM, John	South Cheshire Harriers	MV55
125	0:56:05	BYERS, Scott	GMP Sports & Social	SM
126	0:56:23	AMOS, John	Clayton-le-Moors	MV65
127	0:56:29	HARGREAVES, Jaclyn		SF
128	0:56:56	PARR, Steven		MV50
129	0:57:21	SHORROCK, Dorothy	West Pennine AC	FV55
130	0:57:40	MCGOFF, Lisa	Womens Running Network	SF
131	0:57:50	MONAGHAN, Dermot		MV40
132	0:57:52	EVANS, Frank		MV40
133	0:57:53	WINSTANLEY, Paul		MV45
134	0:57:56	THOMPSON, Jennifer	Wesham Road Runners	FV55
135	0:57:59	STOTHERT, Sarah		SF
136	0:58:10	BROWN, Carol	Great Eccleston & Elswick	FV40
137	0:58:11	BOLTON, James		SM
138	0:58:19	VARLEY, Paula		FV35
139	0:58:22	EYRES, Michelle	Bingley Harriers	FV45
140	0:58:26	SCULLY, Brian	Accrington Road Runners	MV65
141	0:58:34	CHARNLEY, Jim		MV45
142	0:58:42	LEAK, Chris		SM
143	0:58:49	DONEGAN, Hazel		SF
144	0:59:02	O'DONNELL, John		MV55
145	0:59:05	CLARKE, Paula	Womens Running Network	FV35
146	0:59:14	WHITEMAM, John	Wesham Road Runners	MV60
147	0:59:15	MCNIECE, Christopher		MV40
148	0:59:33	WALMSLEY, Christine		FV45
149	1:00:08	WILLIAMS, Elaine	Northern Vets AC	FV50
150	1:00:12	MILLS, Pauline		FV55
151	1:00:17	LAMBERT, Janet	Womens Running Network	FV35
152	1:00:19	ROBERTS, David		MV60
153	1:00:24	HARJINDER, Poonian		MV45
154	1:00:54	BOOCOCK, Geraldine		FV50
155	1:01:01	ALLEN, Liesl	Great Eccleston & Elswick	SF
156	1:01:19	HUGHES, Carl	New World Running Club	SM
157	1:01:19	LITHERLAND, Liza	New World Running Club	SF
158	1:02:00	HUGHES, Frank	New World Running Club	MV60
159	1:02:19	UPTON, Ann	Bingley Harriers	FV45
160	1:02:34	DIXON, Zoe	Blackpool Wyre & Fylde AC	FV35

161	1:03:16	NAYLOR, Lynne	Blackpool Wyre & Fylde AC	FV35
162	1:03:19	COLBY, Pamela	Blackpool Wyre & Fylde AC	FV45
163	1:04:07	ALLISON, Kath	Rochdale Harriers	FV55
164	1:05:04	TURNER, Carolyn		SF
165	1:05:25	CLARK, Lindsey		FV35
166	1:06:12	SINGLETON, Janet		FV40
167	1:07:07	TAYLOR, Dean		SM
168	1:07:14	TOPPING, Jennifer		SF
169	1:07:14	MASON, Don		MV60
170	1:08:18	LOCK, Dawn	Lytham St. Annes Road Runners	FV60
171	1:08:22	WHITEHEAD, Martin		MV55
172	1:11:11	ABOO, Omar	Garstang Running Club	SM
173	1:13:52	TATTERSALL, Kathleen		FV60