

Garstang Gallop 10k Sunday 23 April 2006. 11:00 am

Place	Time	Name	Team	Cat2	EntrantNo
1	0:31:54	SUTTON, Adam	Preston Harriers	SM	105
2	0:32:54	CROASDALE, Mark	Lancaster and Morecambe	MV40	92
3	0:33:01	HAYMAN, Rick	Sale Harriers	SM	118
4	0:34:19	WHYATT, Mike	Garstang Running Club	MV40	119
5	0:34:26	BOLLAND, Sean	Lancaster and Morecambe	SM	145
6	0:34:58	MULLER, Paul	Horwich RMI Harriers	MV45	149
7	0:35:01	THORNTON, David	Pendle AC	SM	97
8	0:36:09	MURDOCH, Steve	Eden Runners	MV45	98
9	0:36:15	WILLSHER, Nick		SM	128
10	0:37:14	WILLIAMS, James	Salford Harriers	SM	224
11	0:37:18	CHAPLIN, John	Chorley Harriers	MV50	101
12	0:37:34	LAWTON, Jeff	North Fylde AC	MV45	106
13	0:37:36	ROBERTS, Richard	Garstang Running Club	MV40	237
14	0:37:48	DEWHURST, Brian	Preston Harriers	MV40	103
15	0:38:00	BARLOW, Lee	Wesham Road Runners	SM	91
16	0:38:34	READE, Chris	Bowland Fell Runners	MV40	136
17	0:38:38	MYERSCOUGH, Steve	Wesham Road Runners	SM	168
18	0:38:40	CRUSE, Peter	Wesham Road Runners	MV40	108
19	0:38:55	HOYLE, Craig		SM	268
20	0:39:10	EADIE, William	North Fylde AC	MV40	115
21	0:39:32	BATES, Martin	Wesham Road Runners	MV45	96
22	0:39:40	SHACKLETON, Barry	Darwen Dashers	MV45	283
23	0:39:49	SHEPHERD, John	Red Rose Road Runners	MV40	155
24	0:40:04	BURNS, John	Wesham Road Runners	MV50	111
25	0:40:13	NEILD, Paul	Bowland Fell Runners	SM	150
26	0:40:17	UTTLEY, Trevor	North Fylde AC	MV40	86
27	0:40:20	SANFORD, Louis		SM	223
28	0:40:24	BERTENSHAW, John	Wesham Road Runners	MV45	279
29	0:40:27	KENNEDY, George	Wesham Road Runners	MV45	166
30	0:40:39	CODLING, Tony	North Fylde AC	MV40	85
31	0:41:02	MARGINSON, Warren	Durham City Harriers	SM	139
32	0:41:11	WAYWELL, Peter	Wesham Road Runners	SM	296
33	0:41:17	NICHOLLS, George	Prestatyn RC	SM	151
34	0:41:25	YELLAND, A	Wesham Road Runners	SM	152
35	0:41:29	TAYLOR, Neil	Skem Harriers	SM	160
36	0:41:44	PARRY, David	Sheen Shufflers	SM	277
37	0:41:49	GREEN, Michael	Lostock AC	MV40	146
38	0:42:21	WORDEN, Neil	Darwen Dashers	MV40	231
39	0:42:26	BAILEY, Graham	Preston Harriers	MV50	88
40	0:42:30	DENNIS, Emily	Lytham St. Annes Road Runners	SF	310
41	0:42:46	PROWSE, Jo Anne	Keithley & Craven	FV50	270
42	0:42:47	ROBINSON, Jill	Settle Harriers	FV50	80
43	0:42:54	BRINDLE, Leigh	Red Rose Road Runners	SM	258
44	0:43:04	RICHARDSON, Duncan	North Fylde AC	MV40	87
45	0:43:08	MCALLISTER, Andy	Blackburn Road Runners	MV50	107
46	0:43:26	MASON, Simon	North Fylde AC	MV45	120
47	0:44:02	HARRY, Steven	Lancs Constabulary	SM	154
48	0:44:14	WILLOUGHBY, Brandon	North Fylde AC	MV45	112
49	0:44:15	DAVEY, Mark	Dallam Dashers	SM	93
50	0:44:19	WOODS, Kevin	North Fylde AC	MV45	289
51	0:44:22	GLEAVES, Peter	Wesham Road Runners	MV40	242

52	0:44:26	JACKSON, Gretel		SF	153
53	0:44:40	ELLISON, Paul		SM	116
54	0:44:50	HIGSON, Gaynor	Horwich RMI Harriers	FV35	141
55	0:44:52	INSOLE, John	North Fylde AC	SM	293
56	0:44:54	STOTT, Jackie		FV45	255
57	0:45:12	SWIFT, Darren		SM	70
58	0:45:13	HASLAM, Zoe	Darwen Dashers	FV35	281
59	0:45:30	STELL, Andrew		SM	275
60	0:45:39	FISHER, Lesley	Burnden Road Runners	FV45	165
61	0:45:43	SPENCER, David	Barrow in Furness Striders AC	MV65	114
62	0:45:44	SOUTHAN, Ben		SM	109
63	0:45:45	SHERRATT, Sarah		SF	267
64	0:45:46	NICHOLLS, Kenneth	Dallam Dashers	MV50	239
65	0:45:47	THORNTON, Liz	Liverpool Running Club	FV45	252
66	0:45:52	ASPIN, David	Red Rose Road Runners	MV55	290
67	0:45:58	HEALEY, Alan	Bury AC	MV60	95
68	0:46:24	CUMMINS, David		SM	221
69	0:46:27	LUND, Geoff	Garstang Running Club	MV55	138
70	0:46:41	HOYER, Kathleen	Wesham Road Runners	FV45	206
71	0:46:48	BOOCOCK, Trevor David		SM	269
72	0:46:56	TRUSCH, Sharon		SF	259
73	0:46:59	ROBINSON, Graham	Lytham St. Annes Road Runners	MV50	133
74	0:47:01	ROBSON, Dave	North Fylde AC	MV40	294
75	0:47:02	VARLEY, Christopher		MV40	305
76	0:47:03	LAIRD, Alistair		SM	144
77	0:47:04	SEDDON, Jill		SF	254
78	0:47:12	CHAPMAN, Reg	Wesham Road Runners	MV55	243
79	0:47:16	OLDROYD, John	Lancaster and Morecambe	MV55	234
80	0:47:33	ASHWORTH, Tanya	North Fylde AC	SF	256
81	0:47:33	HAWORTH, John		MV50	222
82	0:47:34	HOLDEN, Michelle	Blackburn Road Runners	FV40	249
83	0:47:37	COOKE, Peter	Wesham Road Runners	MV45	304
84	0:47:42	BEAN, Andrew		SM	148
85	0:48:03	HEMINSLEY, Rob		MV40	123
86	0:48:04	WILSON, Gary		SM	77
87	0:48:16	DYSON, David	North Fylde AC	MV50	265
88	0:48:20	CUMMINS, Michael		MV40	220
89	0:48:23	HOWORTH, John	Wesham Road Runners	MV50	113
90	0:48:29	ADDISON, Ken	Preston Harriers	MV50	299
91	0:48:43	CALDERBANK, Ruth	North Fylde AC	FV50	246
92	0:48:44	HIGHAM, Nick		SM	301
93	0:48:50	NEWTON, Chris	Accrington Road Runners	SM	78
94	0:48:51	DUNFORD, Karen	North Fylde AC	FV40	288
95	0:48:52	ROBINSON, Ian	Settle Harriers	MV60	79
96	0:48:54	JARDINE, Jamie		SM	266
97	0:49:00	SMITH, Robert	Trawden AC	MV50	291
98	0:49:04	BRADLEY, John	North Fylde AC	MV65	273
99	0:49:05	JONES, Richard	Garstang Running Club	SM	104
100	0:49:20	DOYLE, Martin		SM	163
101	0:49:22	HODGES, David	Dallam Dashers	SM	127
102	0:49:23	HOY, James		SM	241
103	0:49:28	MAKIN, Keith	Horwich RMI Harriers	MV55	140
104	0:49:31	HITCHEN, Dave	Burnden Road Runners	MV55	164

105	0:49:41	KRAWCZYK, Bernie	Wesham Road Runners	MV50	134
106	0:49:44	SILVERWOOD, Janet		FV35	159
107	0:50:06	DAVIS, Alex		SM	121
108	0:50:10	ASHWORTH, Angela	Lytham St. Annes Road Runners	FV40	90
109	0:50:20	JORDAN, John		MV55	292
110	0:50:45	CURRIE, Stuart	Glaxo Hoad Hill Harriers	MV60	260
111	0:50:50	EDWARDS, Neil	Lancs Constabulary	MV40	253
112	0:51:03	HIGGINBOTTOM, Adam	North Fylde AC	SM	161
113	0:51:12	BATEMAN, Norman	North Fylde AC	MV65	240
114	0:51:13	MCALLISTER, Paul	Lytham St. Annes Road Runners	MV40	124
115	0:51:14	EHRHARDT, Peter	Todmorden Harriers	MV60	137
116	0:51:20	KINDER, Andrew		SM	72
117	0:51:27	HARRISON, David Allan	Sheffield Tri Club	MV45	280
118	0:51:28	RICHARDSON, Malcolm	Preston Harriers	MV55	157
119	0:51:34	MURPHY, Pam	Garstang Running Club	FV35	309
120	0:51:38	ADDISON, Zoe	Preston Harriers	SF	298
121	0:51:39	HENSHAW, Howard	Blackpool and Fylde	MV65	135
122	0:51:40	WATT, Steve		MV45	67
123	0:51:41	MOSS, Christopher	Wesham Road Runners	MV40	102
124	0:51:42	SPICER, David	Northern Vets AC	MV60	76
125	0:51:43	MURPHY, Julie	Wesham Road Runners	FV40	257
126	0:51:44	WATKINSON, David	Lancs Constabulary	MV50	100
127	0:51:45	WINROW, Kathy	Lancaster and Morecambe	FV40	297
128	0:51:46	BROCKLEHURST, David		MV50	162
129	0:51:57	SAYNOR, Mark		SM	130
130	0:52:06	JOLLY, Helen	North Fylde AC	FV45	122
131	0:52:12	PUGH, Mike	Red Rose Road Runners	MV45	282
132	0:52:40	HAWE, Nathan T	Club Carrefour	SM	71
133	0:52:42	HARRIS, Laura	Lytham St. Annes Road Runners	SF	263
134	0:52:52	CRUSE, Julie	North Fylde AC	FV40	126
135	0:53:00	THOMAS, Jonathan		MV45	147
136	0:53:07	PARRY, Edwina		FV35	278
137	0:53:11	TYSON, Edward Francis		MV65	244
138	0:53:28	HOYLE, Scott		MV40	250
139	0:53:35	WRIGHT, Beverley	North Fylde AC	FV45	216
140	0:53:49	BARON, David	Northern Vets AC	MV65	307
141	0:53:57	SWARBRICK, Michael	Northern Vets AC	MV55	83
142	0:54:08	PARKER, Garry		MV45	212
143	0:54:15	WRIGHT, David		MV40	287
144	0:54:16	PICKLES, Roger	Road Runners Club	MV50	264
145	0:54:24	FOY, Andy		SM	227
146	0:54:28	BARON, Michael	Northern Vets AC	MV55	300
147	0:54:32	THOMPSON, Jennifer	Wesham Road Runners	FV55	202
148	0:54:37	ROSSINI, Joanna		SF	129
149	0:54:42	RICHMOND, Susan		FV40	286
150	0:54:47	BOYER, Helen	Preston Harriers	SF	205
151	0:54:51	MUNRO, Kenneth	Wesham Road Runners	MV60	261
152	0:54:57	GELDERD, Pete	Garstang Running Club	MV60	142
153	0:55:03	TUNBRIDGE, Ian		MV40	211
154	0:55:20	HUGHES, Denise	Garstang Running Club	FV45	125
155	0:55:33	VARLEY, Paula		SF	306
156	0:55:52	MASHITER, Peter		SM	204
157	0:55:57	RONSON, Gary		MV45	207

158	0:56:11	STEVENS, Rebecca		SF	295
159	0:56:13	WELLER, Pauline	Wesham Road Runners	FV45	235
160	0:56:32	HAYES, Louise		SF	156
161	0:56:55	PARR, Steven		MV50	213
162	0:57:15	GREENHALGH, Julie		SF	228
163	0:57:17	ROBINSON, Victoria	Lytham St. Annes Road Runners	SF	132
164	0:57:31	PEARSON, Andrew		MV45	94
165	0:58:20	SMITH, Paula	Club Carrefour	SF	262
166	0:58:29	OLIVE, Philippa		FV40	276
167	0:58:30	WINSTANLEY, Paul		MV40	89
168	0:58:36	DUXBURY, Gemma		SF	82
169	0:58:37	PETHERWILK, Brain	Club Carrefour	MV45	81
170	0:58:41	WORDEN, Clare	Darwen Dashers	FV35	230
171	0:58:54	WILLIAMSON, Isobel		FV55	311
172	0:59:10	JACKSON, Stan	North Fylde AC	MV65	158
173	0:59:16	LEECH, Carolyn	Womens Running Network	SF	232
174	0:59:16	KIMBER, Helen	Womens Running Network	FV40	248
175	0:59:23	TIPPING, Heather		FV35	74
176	0:59:43	MCNIECE, Heidi		SF	238
177	0:59:54	MILLS, Pauline	Wesham Road Runners	FV55	201
178	1:00:29	TALLERSALL, Joanne		FV35	247
179	1:00:37	FAIRHURST, Dorothy	St Helens Sutton	FV60	308
180	1:00:40	TALBOT, Jacquie		FV45	226
181	1:01:22	ABOO, Omar		SM	69
182	1:01:33	FRANCIS, Dave		SM	229
183	1:01:36	WYLD, Marie	Wesham Road Runners	FV55	99
184	1:01:40	PEACOCK, Freda	Womens Running Network	FV50	271
185	1:01:42	RICHMOND, Cath		FV35	167
186	1:02:00	KINDER, Fiona		FV35	68
187	1:02:44	THOMAS, Janet		FV40	143
188	1:02:45	LISGO, Brian		MV50	208
189	1:02:50	LOVICK, Peter		MV65	110
190	1:04:26	CRONSHAW, Paul		MV40	75
191	1:04:45	CLARK, Lindsey		FV35	302
192	1:05:24	RAE, Julie	North Fylde AC	FV40	215
193	1:05:52	CODLING, Pauline	North Fylde AC	FV40	84
194	1:07:31	BUTLER, Lynne		FV35	73
195	1:07:46	PICKLES, Grace	Road Runners Club	FV45	274
196	1:07:47	MULLER, Donna Michelle		SF	217
197	1:07:53	WHATNALL, Lynne		FV35	218
198	1:10:31	COLBY, Pamela		FV45	214
199	1:11:57	SAYNOR, Janet		FV50	131
200	1:12:25	ROBERTS, Carole	North Fylde AC	FV60	117